

# Student Checklist of Behavior Indicators

Student Name: \_\_\_\_\_ \*

\*For the purpose of the online exercise keep the name fictitious.

## Behavior Indicators of Low Personal Power

- Often stubborn and excessively bossy
- Frequently acts helpless
- Controls through aggression or withdrawal
- Avoids being in charge of others
- Reacts poorly to frustration
- Often does not tell the truth
- Does not exercise initiative
- Withholds resources that others need
- Avoids tasks that are challenging
- Lacks emotional self-control
- Is excessively critical of others' accomplishments
- Uses "give up" excuses
- Creates distractions
- Undermines decisions that others make
- Unilaterally alters rules
- Uses unself-responsible language
- Has trouble making decisions
- Doesn't follow through
- Avoids taking responsibility and blames others

## Behavior Indicators of Low Mental Models

- Does not respond well to instruction
- Wastes time
- Sloppy and messy with self and materials
- Gets confused easily
- Usually not well-organized
- Has a difficult time deciding what to do
- May have rigid standards
- Is a surface skimmer
- Keeps hidden agendas
- Becomes a chameleon around others
- Does not seem to be headed in any direction
- Often acts contrary to the ethical standards they espouse
- Unclear about what they want to do or say
- Often does not tell the truth
- Often insists there is only one way to do something
- Confuses impulsive acts with goals they have agreed upon